

Ki-Aikido in Berlin Marzahn-Hellersdorf proudly presents:

### 3rd German-Polish Aikido-Seminar

with Michael Winter

in Berlin - Hellersdorf 08. / 09. Oktober 2005

From 08. to 09. October the 3rd German-Polish Aikido-Seminar will take place in Berlin-Hellersdorf.

**Topics: Basics and Tsuzuki Waza**

The seminar will be directed by **Michael Winter**



#### Programm:

Saturday, 08. October ab 10.30

11.00 – 13.00

15.00 – 17.00

17.00 – 18.00

Sunday, 09. October

10.00 – 11.00

11.00 – 13.00

14.30 – 16.30

Arrival, Registration, Preparations

all

all

Dan / Instructor

Dan / Instructor

all

all

Please bring along your own Tanto and Bokken.

The seminar will take place in the sportshall of the "Erwin-Strittmatter-Schule" in Berlin-Hellersdorf (its in the northeast of Berlin). Concrete adress: Schönewalder Str. 9, 12627 Berlin.

The seminar-fee is 20,00 € per person, 25,00 € for instructors / Dan, single unit 8,00 €.

Applycation is requested, please contact Maik Fiedermann phone: +49 30 93 56544 or [mail@fiedermann.de](mailto:mail@fiedermann.de).

We will help looking for accomodation. It will be possible to sleep in the dojo of Maik's group for free. If needed, please contact us as early as possible.